

# Holy Name Catholic Elementary School

## January 2025

### New Year's Prayer

Heavenly Father,

As we step into this new year, we thank You for Your guidance and blessings over the past year. We are grateful for the love, strength, and support You have provided us through the challenges and joys we experienced. May this new year be filled with Your light and love. Grant us the wisdom to make choices that honour You. Help us to show kindness and compassion to those around us. Guide us towards peace, understanding, and unity. Give us the strength to overcome obstacles and persevere through difficulties. Inspire us to live each day with gratitude, joy, and purpose. May we support and uplift each other, growing together in faith and love.

In Your Holy name, we pray.  
Amen.

### Upcoming Events

- ⑥ School Resumes - Happy New Year!
- ⑭ Notre Dame Open House - 6:30 p.m.
- ⑰ PD Day - No School
- ⑳ Grade 3 Outdoor Education
- ㉓ Grade 2 Outdoor Education  
PJ DAY  
Literacy Day
- ㉔ Grade 5(Gaspari - Outdoor  
Education
- ㉕ Grade 5(Sardella) - Outdoor  
Education

### Food Days

#### Pizza Day

- January 10th

#### Toonie Treat Day

- January 16th

#### Pita Day

- January 24

### Sporting Events

**Sporting Event dates will be communicated with you once they are confirmed by the coaches.**

**January and February Junior and Intermediate Basketball**

**Dates TBD**

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## Hope Centre

The Hope Centre is an organization in our community to assist, support, empower and advocate for the most vulnerable members of our community.

On January 22, 2025, Holy Name Staff will be volunteering at the Harvest Kitchen.

We would like to take this opportunity to thank the Hope Centre for all the hard work they do year round and the Holy Name Staff who continue to serve our school community beyond the regular school day.

## Classroom Events

### Outdoor Education

**Four classes will be participating in Outdoor Education**

- Gr. 3 - January 24
- Gr. 2 - January 27
- Gr. 5 (Gaspari) - January 28
- Gr. 5 (Sardella) - January 29

Classroom teachers will provide you with additional information regarding classroom events.

### Contact Information

905.732.4992

<https://schools.niagaracatholic.ca/holyname/>

## Catholic School Council

Our next Catholic School Council meeting will take place  
Tuesday, February 11th, 6:00 p.m.

### SEAC

The Special Education Advisory Committee (S.E.A.C) of the Niagara Catholic District School Board is made up of Association representatives and trustees whose role is to support students with diverse needs and their families.

The Committee makes recommendations to the Board with regards to any matter relating to educational programs and services to be implemented in schools for our students.

All parents are welcome to attend the monthly meetings and learn about different programs and supports that are available in special education.

Meetings are held at the Catholic Education Centre, 427 Rice Road, Welland, at 7:00 p.m. on the first Wednesday of the month.

Please visit [www.niagaracatholic.ca](http://www.niagaracatholic.ca) under Special Education, Special Education Advisory Committee.

For further information there are two links:

- The Special Education Advisory Committee website - [www.seac-learning.ca](http://www.seac-learning.ca)
- Ministry of Education Special Education website [www.edu.gov.on.ca/eng/general/elemsec/spec\\_ed/speced.html](http://www.edu.gov.on.ca/eng/general/elemsec/spec_ed/speced.html)

# Holy Name Catholic Elementary School

## Spirit Wear

Maddalena's Uniforms - Available through the Maddalena Uniform Website:

<https://www.maddalena-uniforms.com/pages/elementary-schools>

## Graduation Hoodies

Grad. Hoodies are also available through Maddalena's Uniform.

## Dress Code

All students at Holy Name School will follow NCDSB Dress Code Policy.

## STUDENT INFORMATION

*If your contact information or your child's medical information changes, please inform us at your earliest convenience.*

## Parking Lot Safety

*We ask that you exercise extreme caution when driving in our very busy parking lot, especially during the morning and at dismissal at the end of the day. Please "Kiss and Drive" so your vehicle is not blocking the arriving busses. Parents are encouraged to use the East parking lot to pick up or drop off students. Please help us to continue to keep all children's safety as it is our most highest of priorities. Together we can continue to keep our children safe.*

## Niagara Public Health School Information

*This link will provide you with information about school health such as dental screenings, head lice etc. If can also access this information by visiting:*

<https://niagararegion.ca/health/schools/>

*Staying warm in the winter is essential for comfort and health. Please make sure your child is dressed appropriately for the weather. Continue to monitor your local weather station for bus cancellations and school closures.*

## NIAGARA CATHOLIC Standardized Elementary Dress Code

Niagara Catholic has a standardized dress code for students in all of our Catholic elementary schools. All students wear navy blue bottoms and navy blue or white shirts.

### OUR DRESS CODE COLOURS

#### Tops

At a minimum, every student is required to wear one of the following:

- Navy or white Oxford shirt (short or long sleeve) or;
- Navy or white collared shirt (short or long sleeve) or;
- School-designed spirit wear

The elementary standardized dress code shirt must be plain (no logos or advertising) and buttoned in a respectable manner. Visible t-shirts worn under the elementary standardized dress code top must be either navy blue or white.



#### Bottoms

At a minimum, every student is required to wear one of the following:

- Navy sweat pants (Kindergarten - Grade 3) or;
- Navy pants (jeans, cargo, denim, robe or corduroy) or;
- Navy skirts, skirts or dresses or;
- Navy walking shorts.

Only knee-length shorts, skirts or dresses are permitted. All clothing must be in good repair. Grade 8 students have the option to wear grey secondary uniform pants.



#### Shoes

For health and safety reasons, running shoes with a full back and closed toe are the recommended footwear. Parents/guardians should provide a pair of indoor shoes for physical education and indoor wear. Shoes must be worn with the elementary standardized dress code pants or shorts at all times.

Nurturing **Souls** & Building **Minds**

# Holy Name Catholic Elementary School

## Anaphylaxis Policy

At the beginning of every school year, we remind all students and parents/guardians of our Board's Anaphylaxis Policy.

At Holy Name Catholic School we have Emergency Procedures, which clearly state what medical procedures must occur for those students who have various life-threatening medical conditions.

We are reminding all students and parents/guardians that we have students in our school who are known to have a potentially life-threatening allergy called Anaphylaxis.

Anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death. While fatalities are rare, anaphylaxis must always be considered a medical emergency requiring immediate treatment.

Symptoms of anaphylaxis generally include two or more of these four body systems: skin, respiratory, gastrointestinal and/or cardiovascular. However, low blood pressure alone (i.e. cardiovascular system), in the absence of other symptoms, can also represent anaphylaxis. Breathing difficulties and low blood pressure are the most dangerous symptoms and both can lead to death if untreated. Anaphylaxis is an unpredictable condition as signs and symptoms can vary from one person to the next and from one episode to another in the same person.

In Canada, the most common food allergens that cause anaphylaxis are: peanut, tree nuts (almonds, Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios, and walnuts), milk, egg, seafood (fish, shellfish, and crustaceans), soy, wheat, mustard and sulphites (a food additive).

Anaphylaxis requires immediate first aid response and immediate medical intervention

## Reminders

### NUT SAFE SCHOOL

Holy Name is a Nut Safe School. Please be aware that there are children in our school who have severe allergies to nuts and foods containing nut by-products. NASK (Niagara Anaphylaxis Support and Knowledge) recommends parents read and become familiar with food labels and check ingredient contents. Please send only foods that are peanut and nut safe.

### Medication at School

Students who require medication to be administered at school must submit the appropriate forms signed by a doctor prior to them being administered by staff. Medication will be stored in a secure location and tracking sheets will kept in the Vice-Principal's office.



HAPPY NEW YEAR